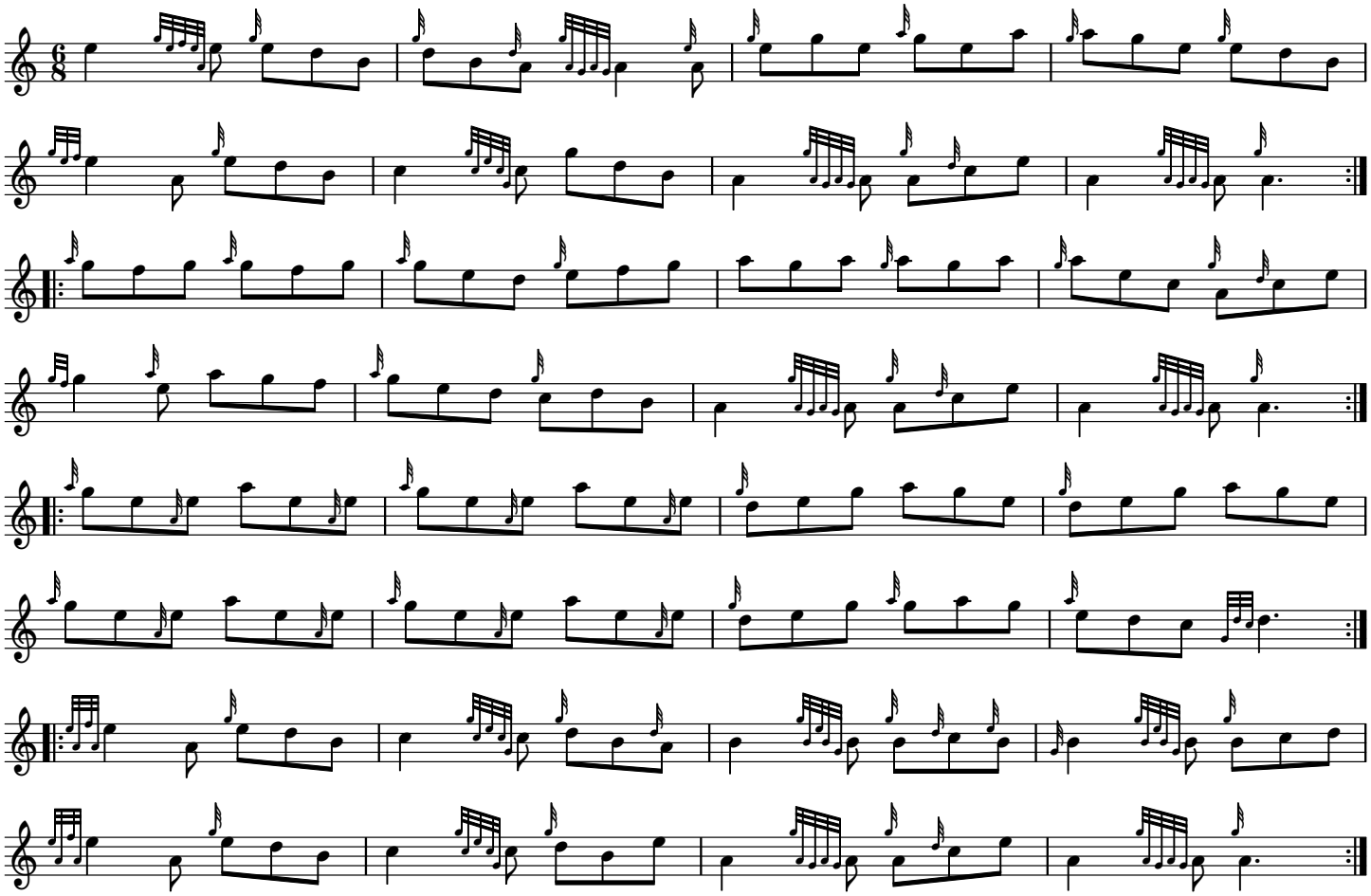The Humours of Ballyloughlin Jig *Trad. arr. Mark Saul*